

DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM – ANGAMALY
SECOND SEMESTER EXAMINATION

27.01.2019

2.00 pm - 4.00 pm

STD - X

Marks : 50

Time : Two Hours

*Instructions: Do not write your answers on the question paper.
Choices are given in some sections.*

A. Choose the correct answer from the brackets **1x5=5**

1. "Come, no closer! Remove the sandals from your feet for the place on which you are standing is holy ground"
(1. Genesis 3:5 2. Exodus 3:5 3. Numbers 3:5)
2. Since great personalities are formed in families, the essential need now a days is
(1. Family renewal 2. Counselling 3. Family prayer)
3. Jesus sent by the Father to fulfill His mission by His own
(1. Life model 2. Life of sacrifice 3. Merciful acts)
4. The foundation and the beginning of human society as instituted by God, the creator of all, is
(1. Love 2. Marital relationship 3. Blood relationship)
5. The Synod of Bishops 2018 was convened on
(1. August 3-28 2. September 3-28 3. October 3-28)

B. Fill in the blanks with correct word / words **1x5=5**

6. Mar Thoma Nazranis were missionaries by their ----- based on faith.
7. ----- is the sacrament and continuation of Jesus in this world.
8. Since God is the fullness of love, God is -----.
9. Behold the handmaid of the Lord; be it done unto me -----.
10. Those who worship God must worship in spirit and ----- (Jn 4, 24).

C. Answer in Three or Four sentences

2x7=14

11. Why is St. Francis Assisi exalted as the patron saint of the environment by the church?
12. Which are the mission dioceses of Syro Malabar church?
13. What is the purpose of matrimonial covenant?
14. Write down a biblical verse states that evangelisation is an important duty of ministerial priesthood?
15. What is a vow? What does the value of vowed life consist in?
16. How can we become the missionaries of holiness?
17. Write down the last five commandments

D. Answer any two (not less than one page)

5x2=10

18. How can we practise holiness in our daily life?
19. Explain the status and duties of priesthood?
20. Explain the main styles of mission activities?

E. General Essay (Not less than two pages)

6x1=6

21. Prayer, charitable deeds and mastering biblical verses are necessary to upgrade an ordinary family into a holy family. How do you implement these measures in your family?

22. Internal Assessment: see Vachanadeepam 36-37

10

STD 10

Answer key

1. Exodus 3:5 14/100 Para 1
2. Family Renewal 13/97 Para 2
3. Life sacrifice 12/86 Para 1
4. Marital relationship 11/80 Para 1
5. 2018 October 3-28 (Sathyadeepam)
6. Life 10/73 para 3
7. Church 9/65 Para 1
8. Holy 14/101 Para 3
9. According to your Word *Little Catechism 7 Angelus*
10. Truth Jh 4, 24 Bible
11. 9/69 Para 2
12. 10/75 Para 3
13. 11/80 para 1
14. 12/87 Para 2
15. 13/94 Para 4
16. 14/105 Para 2
17. Little catechism 9
18. 14/104-105
19. 12/86-87
20. 10/76
21. General

DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM – ANGAMALY
SECOND SEMESTER EXAMINATION

28-01-2018

2.00 pm - 4.00 pm

STD - X

Marks : 50

Time : Two Hours

*Instructions: Do not write your answers on the question paper.
Choices are given in some sections.*

A. Choose the correct answer from the brackets **1x5=5**

1. The first Syro-Malabar diocese established outside India
(1. Melbourne 2. Chicago 3. Faridabad)
2. The greatest missionary activity of priestly life
(1. to minister the sacraments 2. to sacrifice one's own life
3. to preach the word of God)
3. The biggest lay missionary association in India
(1. C M L 2. K C Y M 3. C L C)
4. What is known as the 'school of noble human nature'?
(1. School 2. Church 3. Family)
5. The meaning of the word 'evangelization'
(1. Gospel 2. Epistles 3. Acts of the Apostles)

B. Fill in the blanks with correct word / words **1x5=5**

6. -----is the first missionary activity of each Christian.
7. Being with Jesus means -----
8. Just like Catholic associations-----are also helpful for the liveliness and growth of the parish.
9. Prayer-----the family and-----the marital relationship.
10. "Whoever does not follow me carrying his own cross cannot be my-----"

C. Answer in Two or Three sentences **2x7=14**

11. How can we attain holiness in daily life?

12. What is the essence of religious life?
13. What is the aim of Christian education?
14. What is the missionary character of Mar Thoma Christians?
15. What is the purpose of establishing associations for fathers and mothers?
16. Why is it said 'parents are the first principal teachers of their children'?
17. What are the sins against the Holy Spirit?

D. Write a page on any Two

5x2=10

18. What is the role of the Catholic associations like KCSL, CLC, and CML in the character formation of the children?
19. what does Second Vatican Council teach us about the pastoral service of a priest?
20. Name the mission dioceses of the Syro- Malabar Church and explain the style of their missionary activities?

E. General Essay (Not less than two pages)

6x1=6

21. What is the inspiring message we get from the Christian- witnessing lives of Blessed Sr. Rani Maria, and the members of her family?
How do they motivate us to lead a true Christian life?

CLASS X

- 1 Chicago, 10/75, P-2**
- 2 To sacrifice one's own life 12/86, P-1st**
- 3 CML 15/109, P-2**
- 4 Family 11/81, P-2**
- 5 Gospel, (sathyadheepam) Nov. 30- Dec. 6**
- 6 Life witness, 10/76**
- 7 Obeying the Commandant, 14/103**
- 8 Family units, 15/112, P-4**
- 9 Sanctifies, strengthens 11/80, P-2**
- 10 Mk. 14:27**
- 11 14/104**
- 12 13/94**
- 13 9/66**
- 14 10/73**
- 15 15/112**
- 16 11/81**
- 17 Little Catechism, p-14, No. 28**
- 18 15/109-110**
- 19 12/89-90**
- 20 10/75-76**

DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM – ANGAMALY
SUNDAY SCHOOL – CERTIFICATE EXAMINATION

26. 01. 2015
2.00 pm - 4.00 pm

STD - X

Marks : 50
Time : Two Hours

Instructions: Do not write your answers on the question paper. Pictures are not compulsory when you answer questions with pictures. Write the order number given in the picture and complete your answers. Choices are given in some sections. Answer only those number of questions, given in brackets.

Answer in a word each

4

1. Who is the new bishop of the diocese of Chanda ?
2. 'Faith without action is dead'. Whose exhortation?
3. The persons who lived the Gospel message heroically are called.....
4. Name the person who had wanted to see Jesus because of the reports he had heard about him , and was hoping to see Jesus working some miracle?

Choose the correct answer from the brackets

2

5. Which is the false doctrine that said 'since God is one, there are no three persons like Father, Son and the Holy Spirit. (Nestorianism, Monarchianism, Aryanism)
6. What did give consolation and strength to the early Church when they were persecuted for Christian faith and suffered and underwent crises for the sake of faith (Communion, Breaking of the Bread, Prayer, Sharing)
7. Looking at whom Jesus said "this man is also true son of Abraham." (Judas, Joseph of Arimathea, Zacchaeus)
8. Which Pope did start 'World Youth Day' celebrations? (St. John Paul II, St. John XXIII, Benedict XVI)

Write the Word of God

3

9. Phil. 3:20 "But

10. Mt. 10: 32 "Everyone

Answer the following (Any two only)

5

11. True or false? Correct the sentences if false.
 - a. Jesus sent by the Father fulfilled His mission by the acts of Charity.
 - b. The hallmark of priestly ministry is proclamation. The Apostolic exhortation 'Rerum Novarum' reminds us of this.
 - c. The fullness of ministerial priesthood is given to the laymen by Jesus through the apostles.
 - d. The New Testament priests are unlike the Old Testament priests who performed mere ceremonial service.
 - e. The greatest missionary activity of priestly life is to proclaim the Word of God.
12. Choose the correct answer from the brackets
 - a. The mission which Jesus entrusted to the Church through the apostles (chapter 1)
 - b. The foundation of the missionary nature of the Church (chapter 1)
 - c. The state of God's will being fulfilled (chapter 2)
 - d. The people who lived with Jesus and who learned directly from Jesus (chapter 3)
 - e. 'I must preach the Good News of the Kingdom of God.' (chapter 2)

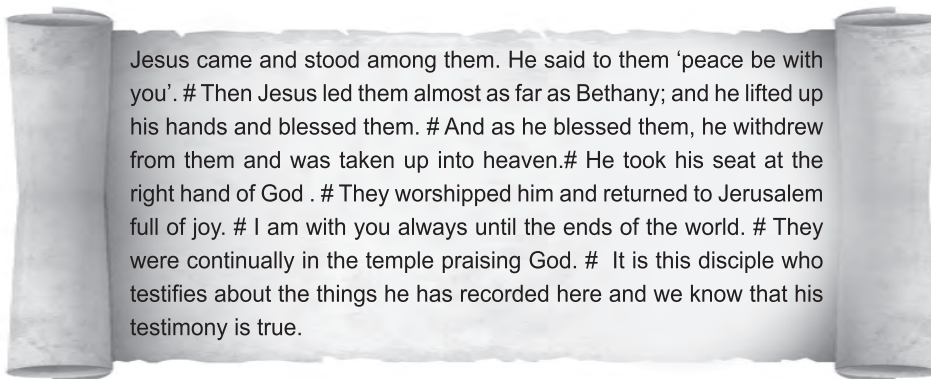
The Holy Trinity, The apostles, St. Paul, Jesus, Church, Missionary activities, Kingdom of God,
Proclamation of the Gospel, Salvation of man, St. Peter, Followers of Jesus,
Proclamation of Kingdom of God, Spiritual growth

13. What is the main style of mission activities of Syro - Malabar Church?

Bible Study And Basic Catholic Prayers

14. Pick up and write the verses from Lk . 24: 50 – 53 which speaks about the Ascension of our Lord Jesus.

2½



15. Write the sign of the Cross. 1

16. Write the prayer 'Hail Mary'. 1½

17. Write the five precepts of the Church. 5

Write a paragraph each (Any two only) 6

(Personalize the answer in connection with the matter in the text)

18. What are the teachings of Vatican II Decree on massmedia? Internet has opened up the information superhighway before mankind. What practical decisions and precautions are to be taken to check the malpractices while using this new technology? (Chapter 9)

19. Why parents are called the first teachers and headmasters of their children. As children what are the primary responsibilities towards your parents. How do you fulfill them? (Chapter 11)

20. Family Units are helpful towards the lively growth and building up of the parish community. Explain? How do you make use of this opportunity in the parish which is intended for our social and spiritual good? (Chapter 15)

Write an essay not exceeding two pages (Any one only) 5

21. All men should grow towards God's holiness, loving God and fellowmen which is the sign of perfection. Describe on the basis of Lesson " Be Saints, Be Missionaries." (Chapter 14)

22. The basis of the missionary activities is God's will and intention that mankind should know the truth and be saved. How is the Church fulfill this mission through prayer and proclamation of Good News? Explain on the basis of the Lesson "Means for missionary activities" (Chapter 7)

General Question. Write an essay not exceeding two pages. (Any one only) 5

23. What is the ultimate goal of our earthly existence? In view of that ultimate goal how we should view the decisions and responsibilities we make in our daily lives and the sudden occurrences that upsets our plans. Explain by means of example?

24. "When you did it to the least of my brethren you did it to me". (Mt. 25/40) How do you participate in the action oriented Catechism, in view of the set goal of seeing Jesus' face in the poor and serve them. What you have studied and learnt should impart through your life. How do this action oriented vision of Catechism help you practice the biblical counsel.?

25. Internal Assessment 10

Participation in Holy Qurbana (3 Marks) Participation in catechism class (3 Marks) Participation in Family Unit (2 Marks) Participation of Pious Organisation (1 Mark) Evaluation of the Class Teacher (1 Mark). The marks are awarded out of ten by the teacher.

**DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM – ANGAMALY
SUNDAY SCHOOL – CERTIFICATE EXAMINATION**

26 - 01 - 2014
2.00 pm - 4.00 pm

Marks : 50
Time: 2 Hours

STD - X

Instructions:- Write the answers only on the answer paper; not on the question paper. Drawing pictures/ charts on the answer sheet is not compulsory. Write the serial numbers given in the pictures/ charts on the answer sheet and write the answers against each serial number. For sections with choices, write the answers only for the number of questions specified in the brackets.

I Answer in a word each 4

1. The first missionary activity of each Christian.
2. Name the Father of the Church who presented deep Divine truths in a simple way through beautiful poems and hymns.
3. Where did the disciples return to, after the Ascension of Jesus?
4. The first Apostolic Exhortation of Pope Francis.

II Choose the correct answer from the brackets 4

5. The social teaching of the Church, exhorting on social justice and the role of the Church in charitable deeds.
(Christus Dominus, Dei Verbum, Mother and Teacher)
6. A specific characteristic of the early Church, who lived according to the Gospel.
(Community life, Prayer life, Breaking of the Bread)
7. The disciples sent by Jesus to prepare the Passover meal.
(James and John, Peter and John, Peter and James)
8. Who is the newly consecrated Auxiliary Bishop of the Archdiocese of Ernakulam - Angamaly?
(Mar Sebastian Adayanthrath, Mar Jose Puthenveetil, Mar Thomas Chakaith)

III Write the Word of God 3

9. Mathew 6/33 "Be concerned above
- 10.1 Cor. 9/16 "If I proclaim the Gospel

IV Answer the following (Any two only) 5

11. 'Church - the conscience of the World'. Explain.
12. Complete the Chart by filling up the names of Catholic Pious Associations that have been formed with the goals given below:-

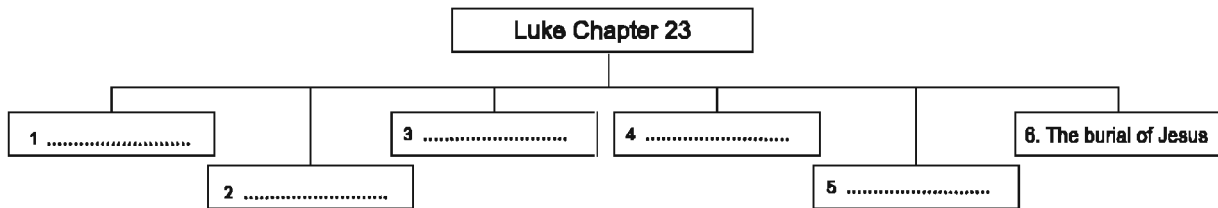
a.	The association which tries to be a sign of salvation, unity and God-experience in the society.
b.	The association with the slogan "Love ,sacrifice, service and suffering".
c.	The association with the slogan " Prayer, study and service".
d.	The association formed to 'renew the world through the parishes'.
e.	The association that helps the poor through funds raised by secret collection.

13. True or false? Correct the sentences if false.
 - a. Proclamation of the Gospel, is the mission which Jesus entrusted to the Church through the Apostles.
 - b. The beginning of all missionary activity is the Sacrament of Baptism.
 - c. The second Vatican Council is the foundation of the missionary nature of the Church.
 - d. God sent the Holy Spirit to help man to own the salvation which Jesus gained for us.
 - e. The duty of proclaiming the Gospel to others is done by the Religious.

V Answer the following (Bible study)

2½

14. Set the flow chart given below. Write down in sequential order the events in the passion and death of Jesus as narrated in the Gospel of Luke, Chapter 23.



VI Basic Catholic Prayers

15. Write down the prayer 'Our Father' **2**
16. Write down the requisites for a good Confession. **2½**
17. Write down the 4th and 5th Luminous mysteries of the Holy Rosary of the Blessed Virgin Mary. **3**

VII Write a paragraph each (Any three only)

12

(Personalize the answer in connection with the matter in the text)

18. Discussing the examples set by St. John Britto and Bl. Devasahayam Pillai, who gave up their lives on Indian soil to protect their faith, explain the sacrifices that you, have to undergo in your daily life to live and protect your faith.(Chapter 4)
19. Bl. Kuriakose Elias Chavara showed the world how proclamation of the Gospel can be accomplished through daily deeds; Explain. Also discuss how you can effectively proclaim the gospel through your deeds in daily life. (Chapter 7)
20. Explain 'the essence of religious life'. In what all ways can you contribute in the family and individual levels to encourage vocations to religious life? (Chapter 13)
21. 'Church is the Mother who nourishes us in the holiness'. Explain. In the context of the numerous sects that sprout up on a daily basis spreading false teachings, explain the importance of the One, Holy, Apostolic and Universal Catholic Church in your personal life. (Chapter 14)

VIII Write an essay not exceeding two pages (Any one only)

6

22. Discuss the life examples set by Bl. Virgin Mary who lived the Word of God to its fullness and the saints who lived the Word of God heroically. (Chapter 6)
23. 'Family, an institution by God is a Missionary Community and a great platform for evangelization through faith formation' - Explain. (Chapter 11)

IX General Question - Write an essay not exceeding two pages. (Any one only)

6

24. 'Who is Jesus to me'? Answer the question in the light of the ten years of catechetical formation that you received and the spirit of faith that you imbibed from your family.



A Facebook Post

"When lights were turned off in an old-age home, two souls whispered in anxious tones; 'Our children - have they gone to bed?'"

When you are exuberating in the thrills and pleasures of this world in youthful company, is there a place for your parents in your life? What are your thoughts? Discuss the duties and responsibilities of children towards their parents. What are the decisions that you propose in this regard ?

**DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM – ANGAMALY
SUNDAY SCHOOL CERTIFICATE EXAMINATION**

26 - 01 - 2013
02.00 pm - 04.00 pm

Marks : 50
Time : Two Hours

STD - X

PART – A

Answer in a word each

2 ½

1. The state of God's will being fulfilled.
2. What is the foundation and model of the missionary activities of the church?
3. What is the true power center of the Church community?
4. What is the greatest proclamation of Jesus?
5. Who is known as the father of solitary religious life?

Choose the correct answer from the brackets

2 ½

6. The first Christian community was formed as a result of the proclamation of the Word on that day. Proclamation by whom?
(St. Thomas, St. Peter, St. Paul)
7. On the day of Pentecost, the Holy Spirit came down upon the apostles in which hour of prayer?
(3rd hour, 6th hour, 9th hour)
8. 'We can accomplish the mission of prayer in all circumstances'. Who is the example for this?
(St. Alphonsa, Bl. Mother Theresa, St. Little Treasa)
9. "It is not you who chose me but I have chosen you"
(Jn 15:16, Mat 28:20, Heb 5:1)
10. What is the primary aim of religious life?
(Union with God, Social Service, Educational mission)

Write the Word of God

3

11. Luke 8:21 ("My mother and my brothers are....")
12. Colossians 1:10 ("So that you may lead.....")

Answer in two or three sentences

6

13. Jesus entrusted the Church with the mission of proclaiming the Gospel. State the reason.
14. Which are the mission dioceses of Syro-Malabar Church? What are the reasons behind the formation of the same?
15. Who are the Apologists? What are their writings known as?

Answer in a paragraph each (Any three of the following)

9

16. What is the importance of the Word of God in family as a platform for Evangelisation. Discuss some practical methods to realize this aim. (Ch.11)

17. The first means to holiness is to be with Jesus. What are the special attributes that we find in those who are united to Jesus? How do you personally attain these qualities? (Chapter 14)
18. Explain how can we overcome the personal sufferings, challenges and problems with faith by describing the faith and courage displayed by the martyrs? (Chapter 9)
19. Give your suggestions on how internet, the new media, can be utilised not only for information and entertainment but also as a medium for proclamation of the Gospel so that the misuse of the media that is so prevalent today can be controlled and prevented. (Chapter 9)

Write an essay not exceeding two pages

6

20. "Faith by itself, if it has no works, is dead" (James.2:17) Charitable deeds are a reflection of active faith. How do you put it into practice as per the teachings of the Church. (Chapter 8)

OR

Based on the chapter; 'Evangelisation - the basic duty of the Church; Explain, how the Church was formed as a result of the proclamation of the Word of God and how does She fulfil this mission? (Chapter 2)

PART B

Bible Study

5

21. For what did the father give his Son, Jesus, the authority over all people?
22. "What is truth?" Who asked whom?
23. The place where Jesus showed himself again to the disciples?
24. While on the cross, what did Jesus say to the disciple whom He loved?
25. What did Jesus say to the disciples when he appeared to them for the first time after his resurrection?

Answer in a word each

2

26. Who is the youngest in the college of Cardinals?
27. Write down the motto of the 'Year of Faith'.

Basic Catholic Prayers

28. Write down the 4th joyful mystery of the Holy Rosary. 2 ½
29. Write down the 'Act of Contrition' 3
30. Write down the 'five precepts of the Church' 2 ½

Write an essay not exceeding two pages.

6

31. 24% of the senior citizens in Kerala, the 'God's own Country' are being tortured by their own children. Elaborate the duties and responsibilities of children suggesting practical methods to protect their parents in old age.

**DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM - ANGAMALY
SUNDAY SCHOOL CERTIFICATE - EXAMINATION**

STD - X

Date : 26.01.2012

Marks : 50

2 p - 4 pm

Time : Two Hours

PART - A

Answer in a word each

2½

1. The Gospel of God the Father.
2. Which was the true power centre of the early Church Community who come together in faith?
3. Which are the sources of true faith?
4. Name the parish priest who dedicated his life for the uplift of the dalit people, and became blessed.
5. What is the sacrament and continuation of Jesus in this world?

Choose the correct answer from the brackets:

2½

6. The foundation of the missionary nature of the church.
(2nd Vatican Council, Holy Spirit, Holy Trinity)
7. "We cannot keep from speaking about what we have seen and heard"
(Acts 4/20, Act 4/31, Acts 4/27)
8. The saint who comes under the category of the Fathers of the Church.
(St.John Chrisostom, St.Ignatius, St.Barnabas)
9. The patroness of the mission of the whole world.
(St.Alphonsa, St.Clare, St.Little Theresa)
10. In the present world, the Church tries for the total development of man in various ways. Which is the most important among them?
(Apostolate of education, Apostolate of the media, Apostolate of Politics)

Quote the Word of God.

3

11. Mathew 5:16 (Let your light...)
12. Phil. 3:20 (But our citizenship)

Answer in two or three sentences

6

13. Explain the status and duties of Priesthood.
14. The important means for evangelization is witness through Christian life. Explain through examples.
15. What are the different goals of Catholic Association?

Answer in a paragraph each:

10

16. Explain the main style of mission activities of the Syro-Malabar Church
17. Explain the Church teachings which point out the Christian attitude that we should keep in our life to help the poor and the needy.
18. How does the Word of God influence charitable work?
19. Describe in brief about the martyrdom of the Apostles.

Write an essay not exceeding two pages.

6

20. "The greatest missionary activity is witness through holy life."
Explain, on the basis of the chapter "Be Saints, Be Missionaries."

PART - B

Bible Study

5

21. "It is not to take them out of the world.....", Then what did Jesus pray for His disciples?
22. "My Kingdom is not from this world." Who said to whom?
23. What was the inscription on the cross of Jesus?
24. How did Thomas answer the resurrected Jesus when He appeared to the disciples for the Second time.
25. "It is the Lord." (Jn. 21:7) Who said to whom?

Answer in a word each

2

26. Name the eccumenical council held from 1962 to 1965, of which we celebrate golden jubilee this year.
27. Write down the year in which St.Thomas came to India.

Basic Catholic Prayers

28. Write down the prayer "Hail Mary" 2
29. Write down the precepts of the true Church 2
30. Write down the introductory prayer of the Holy Rosary of Blessed Virgin Mary. 3

Write an essay not exceeding two pages.

6

31. A true Christian family resembles the Heavenly Abode." In order to realize this insight of Blessed Chavara, what are the things that we need to take care in our families? Explain.

**DEPARTMENT OF CATECHESIS
ARCHDIOCESE OF ERNAKULAM - ANGAMALY
SUNDAY SCHOOL CERTIFICATE EXAMINATION**

Date: 26.01.2011

Time: Two Hours

STD - X

Marks : 50

2.00 pm - 4.00 pm

PART - A

Answer in a word each:

2½

1. Who is the primary spokesman of the Gospel?
2. Which is the primary school of Christian life?
3. Which book in the Bible makes clear that the apostles preached the Good News of salvation fulfilled in Jesus?
4. Which Apostolic exhortation reminds us that the hallmark of priestly ministry is proclamation?
5. Name the patron saint of the environment

Choose the correct answer from the brackets:

2½

6. The first missionary activity of each Christian.
(Life witness, Inter-religious dialogue, Religious life)
7. The catholic association with the slogan
'Love, Sacrifice, Service and Suffering'
(KCYL, CLC, CML)
8. The false doctrine which states that since God is one, there are no three persons like Father, Son and the Holy Spirit.
(Appollinarism, Nestorianism, Monarchianism)
9. 'Love is above everything else'
(St.Jacob, St.Peter, St.Paul)
10. The year in which the edict of Milan, by which the church got back her freedom, took place.
(AD 52, AD 313, AD 324)

Quote the Word of God:

3

11. Mathew 19:21 (If you wish to be perfect....)
12. 1 John 3:18 (Little Children...)

Answer in two or three sentences:

6

13. What do you mean by charitable deeds of the church?
14. What does the second Vatican Council teach us about the divine mission of the family?
15. Give a note on the purpose and basis of missionary activities of the church.

Answer in a paragraph:

10

16. 'The community of the faithful had one heart and soul', Elaborate.
17. How can we participate in the missionary task of the church?
18. Comment on the essence of religious life.
19. Write briefly on the aim of catholic associations and family units.

Write an essay not exceeding two pages:

6

20. Who is a priest? Illustrate the primary duties of priesthood.

PART - B

Bible Study

21. The native place of Philip. 1
22. To whom did Jesus reply, 'I am the way, and the truth and the life?' 1
23. What is the theme of chapter 17 of the gospel of St.John? 1
24. What are the last words of Jesus, according to the gospel of St.John? 1
25. Where did Jesus appear to his disciples the third time after his resurrection? 1

General Questions:

26. Name the first Major Archbishop of the Syro Malabar Church. 1
27. How many cardinals are there in the catholic church? 1
28. Write the sign of the cross (Big). 2
29. Write the prayer before confession. 3½
30. Write the theological virtues. 1½

Write an essay not exceeding two pages:

6

31. Ernakulam-Angamaly Archdiocese has proclaimed 2011 as the year of compassion. As a catechism student, describe the works of mercy that can be carried out by you.